

Final_ August 14, 2012

Bowen Therapy Now Available at The Downing Clinic

In September 2012, The Downing Clinic welcomes another therapeutic body treatment to their office. Vickie Evans, Certified Massage Therapist, Reiki Master and Healing Touch Practitioner now adds Certified Bowen Therapist to her list of credentials.

Bowen Therapy Practitioners use a gentle, non-invasive and holistic approach to pain relief and healing through the manipulation of soft tissue. Conditions which benefit from Bowen Therapy include:

- Headache and Migraines
- Back pain and Scoliosis
- Arthritis
- Neck pain and whiplash
- Frozen shoulder and shoulder pain
- Tennis elbow and other sports injuries
- Carpal Tunnel Syndrome
- TMJ
- Plantar Fasciitis; foot and ankle problems

It also is used to help respiratory health conditions like asthma and allergies, and digestive conditions like indigestion, constipation and diarrhea. Appointments last 1 hour and three appointments are common.

The clinic also offers other body work through certified professionals. Kathleen Strauch, Advanced Certified Rolfer® provides Roling® Structural Integration treatments on Tuesdays and Fridays. Roling SI is another form of body work to help pain and body alignment.

Licensed Acupuncturist, Jing Fei Huang, uses acupuncture to help relieve pain and improve other conditions. Acupuncture appointments are available on Wednesdays.

The Downing Clinic is an Integrative Internal Medicine practice located in Clarkston since 1991. Please call 248-625-6677 to schedule a body work appointment.

The Downing Clinic, 5715 Bella Rose Blvd, Suite 100, Clarkston, MI 48348, directly across from the DTE Energy Theatre entrance on Sashabaw Road. <http://www.thedowningclinic.com> or 248-625-6677.