



Ann Heusted, R.N.

**Registered Nurse
Certified Electrodermal
Screening Specialist
And Certified Lifestyle Educator**

Ann joined our practice in 2005 and began using Electrodermal Screening to help our patients discover areas where their bodies were being stressed or having sensitivities. As part of the EDS screening, Ann provides feedback to the individual and then makes recommendations for treatments. Ann has taken many advanced courses in nutrition, Bach Flower Remedies and homeopathy and uses this knowledge to guide patients to better health.

Ann recently graduated from The Institute of Natural Health Sciences in Farmington Hills. This advanced training expanded her knowledge and certified her to perform a wider variety of health and lifestyles assessments. She now teaches as an adjunct professor at the Institute.

Ann is a very caring and supportive person. Her career experience includes working for a hospice provider, speaking on public health issues and working as an ordained minister. You will truly feel that you are in very good hands with Ann guiding your new plan for improved healthy living.

Other Services —

- Acupuncture
- DIV Ozone Therapy
- Gene Testing
- ION Cleanse Foot Baths
- IV Therapy
- Physician-selected supplements
- Rolfing® Structural Integration



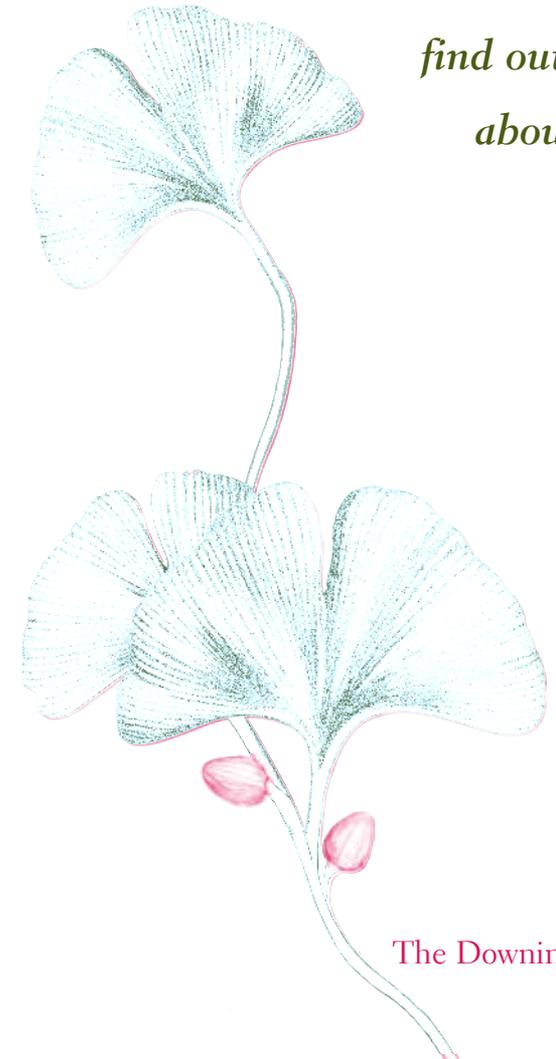
The Downing Clinic

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**ELECTRODERMAL
SCREENING**

*State of the art
technology to
find out more
about you!*



The Downing Clinic

The Downing Clinic emphasizes that we are much more than just a physical body containing vitamins, minerals, hormones, nutrition, and metabolism. We are energetic and spiritual beings as well, interacting with the world around us in unseen ways. Often healing begins with our thoughts and intentions, and body energy cannot be ignored. We are familiar with lab tests of blood or urine that are useful in assessing our body chemistry. We are also familiar with X-Rays, CT scans, and MRIs that show our body anatomy. Less familiar is the idea that we can tap into and get information from the body's energy signals. Now we can listen to signals the body is sending along its current



pathways via the electrodermal screening biofeedback software. Energy medicine is here to stay!

Laura Kovalcik, D.O.

The Downing Clinic was founded in 1991 by Nedra Downing, D.O., a Pharmacist who returned to Michigan State University to acquire a Master's Degree in Nutrition and continued on to become a Physician. The Downing Clinic's goal is to help people live healthier lives through natural treatments, enhanced nutrition and reduced dependence on prescription medications. The clinic also integrates traditional medical approaches into care plans when appropriate. The clinic has been under the management of Dr. Downing's daughter, Laura Kovalcik, D.O. Board-Certified Internist, since 2004.

ELECTRODERMAL SCREENING

We use the latest Avatar SC-5 software in the rapidly advancing field of bioenergy. Our electrodermal screening specialist works closely with Dr. Kovalcik to use this FDA-cleared device to gain information about our patients which helps us recommend more targeted treatment. The electrical currents are the same organ energies that are visualized with MRI (Magnetic Resonance Imaging).

Electrodermal screening is a computerized system that emits a resonant signal of energy used for bio-feedback and measures energy in points of reduced-resistance in the body. These reduced-resistance points correspond to acupuncture points known as meridians (electrical channels) that run through the organs providing one method of communication.



The points being tested also appear on the computer screen so the patient may follow along as energy screening progresses. A patient's energy signal is compared by the computer to the normal range, and any variations from this are easily seen. Electrodermal screening involves using pressure on skin points of the hands or feet to pick up the energy signals. A blunt metal probe connected to an ohm meter is used to apply the pressure. There are no needles involved. Electrodermal screening can detect signals for foods, medications or environmental exposures that may be inflaming

or stressing a particular organ system. Therapeutic recommendations to support a stressed or weakened energy signal might include:

- Homeopathic remedies
- Herbs
- Vitamins
- Dietary changes
- IV therapy medications
- Bach Flower Remedies
- Aromatherapy
- and even color

The goal of these therapies is to help the body progress through four main healing phases to balance the energies of the organ systems.

Many patients are amazed at how the screening results fit with their health situation. Most patients are fascinated with the process, even children. The Downing Clinic has used electrodermal screening software since 1994. Information derived from the screening has been very helpful in the care and treatment of patients. Dr. Kovalcik has established the guidelines used by our EDS specialist regarding testing and suggested remedies based on test results.

You don't need to be a patient of Dr. Kovalcik's to schedule an appointment for EDS; EDS is available to anyone.

Other Complementary Assessments

Auricular and Tongue Analysis and Iridology are also available when more information is needed to assess the body systems. Iridology is a technique in which the patterns, colors and other characteristics of the iris of the eye can be examined to determine information about a patient's systemic health. The same is true for Auricular (ear) or Tongue Analysis in which patterns and colors, etc. can provide more detail to health. Assessment findings can indicate where a specific part of the body may be affected.